


Name	El-nabgha Fathy Mohammed	 <p style="text-align: center;">Photo</p>
Title	Assistant professor of Psychology	
Email	elnabgha_saeed@mu.edu.eg	
Academic Department	Department of Humanities.	
Degrees	<ul style="list-style-type: none"> – <i>B.A.</i> of psychology, 1995 – <i>M.A.</i> of personality and Social Psychology, 1998 – <i>Ph.D.</i> of counseling & clinical positive psychology, 2002 – <i>Assistant Professor</i>, counseling & clinical positive psychology 2014 	
Graduation	<i>B.A.</i> : Faculty of Arts, Psychology Dept. Minia University, 1995 .	
Qualifications (Master - Ph.D. - Assistant Prof. - Prof.)	<ul style="list-style-type: none"> • <i>M.A.</i>: Department of psychology, Faculty of Arts, Minia University, 1999. <i>Title: "Stressful Life Events: Psychological effects and coping styles with it among Type (A) and Type (B) Personality"</i>. • <i>Ph.D.</i>: Department of psychology, Faculty of Arts , Minia University, 2002. <i>Title: "Sense of humor and optimism as mediator variables in the relation between daily hassles and anger, depression symptoms among adults."</i> • Visiting Scholarship to Iwate University, Japan (from 1 May, 2008 To 30, March 2009) 	
Research Interest	personality, social psychology, clinical psychology, counseling psychology & positive psychology (stress, coping styles, emotional Intelligence, Wisdom, Humor styles, psychological well-being)	
Memberships	<ul style="list-style-type: none"> • Member of the Egyptian Psychotherapist Association (EPA) • Member of The Egyptian Association of Group Therapist and Processes (EAGT) • Member of Egyptian Psychologists Association (EPA) 	

**Management
and
development
Experiences**

- 1-Member of the Board of Directors of the Center for Psychological Research for more than one session of the faculty since 2005 and until 2010
- 2- Director of the Center for Psychological Research, Faculty of Arts from January 2010 to December 2012.
- 3 -Vice Chairman of the Board of Directors of the Center for Psychological Research - Faculty of Arts - Minia University from December 2012 to December 2014
- 4 -Director of Academic Advising Unit, College of Arts, October 2015 to January 2016
- 4- Executive Director of the Quality Assurance and Accreditation Unit of faculty of Arts from 5/1/2016 until April 2017.
- 5- Member of the Board of Directors of the Minia University Center for Evaluation of Student Examination Systems.
- 6 - Member of the Committee for the arbitration of student research (psychological and social research) Minia University
- 7- Committee Member of the Strategic Planning in Deraya University

**Published books
and researches**

Books:

1. Mohammed, El-Nabgha (2016). From daily life stress to psychological well-being with a guide to stress management. Cairo: Dar Ghraib for Publishing.
2. Mohammed, El-Nabgha & Mahmoud, A. D (2017) Between the Hammer and Anvil : Bloggers, Bloggers and the Public Sphere in Egypt. (translated to Arabic) Cairo: Publications of the National Center for Translation
3. Mohammed, El-Nabgha .(Under translation) Positive Psychology in Practice: Promoting Human Flourishing in Work, Health, Education, and Everyday Life.
4. Mohammed, El-Nabgha .(Under Translation) Positive Psychology and Family Therapy: Creative Techniques and Practical Tools for Guiding Change and Enhancing Growth

Published researches:

- 1-Mohammed, El-Nabgha F, Unher, Michael, Sugawara, Masakazu.(2009). Big Five personality Factors: Cross Cultural Comparison between Japanese and Egyptian Students. *The Journal of The Clinical Research Center for Child Development and Educational Practices. Japan, 8, 135-141.*
- 2-Mohammed, El-Nabgha F, Unher, Michael, Sugawara, Masakazu .(2010). Psychological Well-being: : Cross Cultural Comparison between Japanese and Egyptian Students. *Psychologia: An International Journal of Psychology, L111(2), pp.68-85.*
- 3- Mohammed, El-Nabgha F .(2004). Irrational thoughts and their relation to the cognitive appraisal of life stress and mood in a sample of university students. *Journal of Arts and Humanities, (54), Faculty of Arts, Minia University. Pp. 201: 250.*
- 4- Mohammed, El-Nabgha F .(2005). Satisfying of basic psychological needs and its relation with subjective well-being among adults . *Journal of the Faculty of Arts,*

Cairo University, Beni Suef Branch, April (8) pp. 209: 249.

- 3- Mohammed, El-Nabgha F , Al-Ghandour, A. , Abd Al-Nadi Mousa (2005) The effectiveness of a cognitive counseling program based on learning optimism in reducing the symptoms of depression in a sample of university students. Journal of Psychological Service at Ain Shams University. P. 183: 220.
- 4- Mohammed, El-Nabgha F .(2009). Values as predictors of personal and social well-being among sample of university students. Volume of the sixth annual conference of the Department of Psychology "Quality of Life and Psychology" Faculty of Arts - Tanta University. From 26: 28 April. Pp. 333: 376
- 7- Mohammed, El-Nabgha F .(2012). Motivation of volunteering as a predictor of the psychological well-being and life satisfaction among a sample of volunteers in social welfare institutions. the Second Arab Conference of Psychology "Psychology and Positive Potential of the Arab world" from 9 to 11 April 2012, Faculty of Arts - Cairo University.
8. Mohammed, El-Nabgha F & Ahmed Dahi Ahmed. (2013). Dimensions of Emotional Intelligence Predicting Proactive and Interactive coping styles among a Sample of Police Officers, Journal of Arts and Human Sciences, Faculty of Arts, Minia University, January (76), pp. 197-253.
9. Mohammed, El-Nabgha F .(2013). Dimensions of wisdom, age and professional gender differences. Yearbook of the Center for Psychological Research and Psychological Studies, Faculty of Arts, Cairo University (December) 9th Yearbook, 17th Thesis.
10. Mohammed, El-Nabgha F .(2015). Styles and functions of identity as examples of the components of the psychological well-being among a sample of university students, acceptable for publication by the book "Identity in a Changing World" from 16: 18 March 2015 Faculty of Arts Minia University.
- 11- Mohammed, El-Nabgha F .(2018). the relationship between post - traumatic stress disorder and alcohol dependence, clinical case study. Journal of Psychology, Egypt, Pp. 221- 144.
- 12- Mohammed, El-Nabgha F .(2018). The Causal Model of the Relationship between the Daily Life Hassles and the Assessment of the Government Performance and Home Belonging among a Sample of the University Youth. Egyptian Journal for Psychological Studies. (Accepted for Publishing in October 2018)

**supervisor at
scientific thesis
And member of
Judgment**

Supervision and discuss More than 20 Master And PH. D in psychology dept. Minia , Assiut, Fayom, Tanta , Bani Suef University
